



Youll Be Scared. Sure-Youll Be Scared - Fear, Stress, and Coping in the Civil War

By Philip M. Cole

Colecraft Industries. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 9.6in. x 6.7in. x 0.4in. Fear is contagious, but so is courage. Fear-its merely a warning to the senses of potential injury or threat. It directs actions away from danger and increases the chances of survival. It grips every soldiers heart as he draws near the enemy. But before that happens, this emotion has been altered by a concoction of physical and mental stresses that affect the reaction to danger and the ability to manage fear. Stressors such as physical fatigue, lack of sleep, hunger, conflict of values, the clash between self-preservation and the obligations to duty and fellow soldiers all shape responses to actions. How did they struggle through combat yet still manage to perform Proper motivation, morale, discipline, and training all helped. Diversions aided soldiers by directing their attention away from fear. Some managed fear through denial, others by acclimation, or some simply accepted their destiny as fate. This work explores how fear and stress challenged soldiers in the Civil War and the means used to cope through their desperate situations. It includes many eyewitness accounts and observations of what soldiers experienced as they approached battlefields, engaged in combat,...



READ ONLINE
[4.88 MB]

Reviews

A must buy book if you need to adding benefit. it was actually writtern quite perfectly and beneficial. You wont really feel monotony at anytime of your time (that's what catalogs are for regarding in the event you question me).

-- Kian Jacobi

I actually started looking at this pdf. it was writtern extremely properly and valuable. I am very happy to inform you that this is basically the greatest book i have read through during my very own daily life and might be he finest pdf for actually.

-- Jacey Krajcik DVM

See Also



Coronation Mass, K. 317 Vocal Score Latin Edition

Petrucci Library Press. Paperback. Book Condition: New. Paperback. 56 pages. Dimensions: 9.6in. x 6.7in. x 0.1in.Otto Taubmanns classic vocal score of Mozarts Coronation Mass was first issued in the early 20th century and has become the standard edition in continuous use by...



A Sea Symphony - Study Score

Petrucci Library Press. Paperback. Book Condition: New. Paperback. 324 pages. Dimensions: 9.6in. x 6.7in. x 0.7in.Vaughan Williams conducted the first performance of his great choral symphony on his 38th birthday, October 12, 1910, at the Leeds Music Festival. The work was well...



Animalogy: Animal Analogies

Sylvan Dell Publishing. Paperback. Book Condition: New. Cathy Morrison (illustrator). Paperback. 32 pages. Dimensions: 9.8in. x 8.4in. x 0.4in.Compare and contrast different animals through predictable, rhyming analogies. Find the similarities between even the most incompatible animals . . . bat is to...



Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had the answers to all your frequently asked...



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...