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By Mihoko Sekido

Sakura Publishing. Paperback. Condition: New. Rania Meng (illustrator). 110 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. Downloading the Universe: Click here This is a book, simply put, about WHY we are here. Written by Japanese author Mihoko Sekido, who published in Japan the very first book on raw food diets, her American debut chronicles her extraordinary life, one that has so far been full of passion, magic, the supernatural, unusual comedy, tragedies, and triumphs. Downloading the Universe is also like a shot of Maccha Green Tea, as its packed with enlightening holistic ingredients. From personal transformation advice told in laymans terms, to amazing anecdotes based on the real life events of the author, it offers practical tools and methods to leading a more happier and fulfilled life. You will learn how a person can spiritually die and be reborn as a changed person, after realizing that one can lead infinitely different types of life experiences, if one believes and allows it. Mihoko's life is itself a testimony that nothing can stop a person except for him/herself, and that all things are indeed possible in this lifetime. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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