



## How I Stop Drinking Stay Sober for Over 13 Years (and Counting) - A Simple Effective 5-Step System of Alcohol Addiction Recovery (Paperback)

By Walter L Kramer

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A lot of drunks say Quitting is easy, I've done it a hundred times. Not very funny perhaps, but very true. The problem is not just quit drinking; it's quitting for good that's problematic. And that's what this book is for. It's a simple guide consisting of five steps that are guaranteed to start working for you today. Just read it all the way through and you'll have the best knowledge on recovering from alcohol addiction, staying sober, and getting your life back. To help you identify and understand this book, you'll have a built-in guide who has been there, drank that, and even wears the T-Shirt. Vienna is a real person who volunteered to share her experiences as a drunk, how and why she got sober, and how she's staying sober for over 13 years (and counting). Of course, as long as alcohol exists, there will be alcohol addicts. If that's you, then reading this book is your chance to stop the process right now before it grabs your soul. And if...



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