



Cure a su nino naturalmente: Guia de la salud desde la infancia hasta la adolescencia (Paperback)

By Maritzza Barton

SIMON SCHUSTER, United States, 1998. Paperback. Condition: New. Original ed.. Language: Spanish . Brand New Book ***** Print on Demand *****. Through her television and radio shows on health, her books -- including Gotitas de Amor Para Mis Hijos -- and many articles on family and child care, Maritzza Barton has become one of the most trusted names in Spanish-speaking communities throughout the country. In this important new reference, she explains how to care for babies and how to heal their everyday problems naturally. Cure A Su Nino Naturalmente covers all the ailments that commonly afflict young children, including allergies, colitis, asthma, fever, and obesity. In addition to spelling out specific remedies, Barton provides a list of foods that will help keep kids in good health and describes how vitamins and minerals aid in children's development. Barton's easy-to-understand tips and her reassuring advice are complemented by a selection of suggested menus for healthful breakfasts, lunches, and dinners that is sure to be appreciated by busy parents.

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