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Finding Purpose and Spirituality Beyond Religion Applying Ancient Wisdom and Modern Science to Living Well

By Don Thelblocke

Paperback. Book Condition: New. Paperback. 190 pages. Finding Purpose and Spirituality Beyond Religion is about one man's journey of discovery that reveals common truths about what gives life meaning and how to live a more fulfilling life. It started as a letter to his two sons about what he believed about God, religion and spirituality turned into a book about his quest for the truth behind religion, what it really means to be spiritual and how he found out what he could believe in. This book is now in its third edition with new insights and updates to sections based on feedback from readers. Thelblocke ties together ancient and modern philosophies about life as well as what science is learning about the nature of the universe and shows how well they agree with each other. He weaves insights from ancient Vedic texts, Greek and modern philosophers, world religions, ground-breaking psychologists, and the geniuses of modern science into a comprehensive view of the human condition and our relationship with the universe. Thelblocke has created a thought-provoking perspective on religion, spirituality, and morality that leads to some amazing conclusions about how life can be lived to the fullest. He creates a...



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