



## Silent M.a.g.i.c. and other Remedies

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By Kim O'Kelley-Leigh

lulu.com. Paperback. Condition: New. 104 pages. Dimensions: 8.9in. x 6.0in. x 0.4in. From the depths of despair, self-hatred and addiction, to a life filled with unconditional love, peace, joy, gratitude, and conscious choices, O'Kelley-Leigh takes you on an empowering journey of self-discovery, spirituality, meditation, and transformation. Part memoir, part toolbox, this concise handbook is filled with probing questions, spiritual insights, life lessons, and inspirational stories. Silent M. a. g. i. c. shows you how to get off the emotional roller coaster of life's ups and downs and become inwardly motivated to express who you choose to be in each moment. This book offers practical and healing tools to cultivate and develop a relationship with a God of your own understanding, a loving relationship with yourself, and deeper more fulfilling relationships with others. This book is not about religion, and does not preach, but rather illustrates that spirituality is liberating, not restricting, and can lead you to your highest purpose. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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