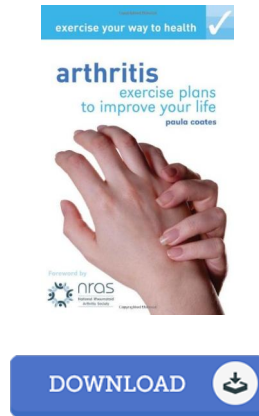


## Arthritis (Exercise Your Way to Health)



### Book Review

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(Ernest Bergnaum)

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