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Juice Cleanse: Juice Cleanse Smoothie Blender Recipes: Smoothies Juices for Liver Cleanse Natural Healing

By Juliana Baldec

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a compilation of 3 books. This compilation includes Juliana Baldec s 3 titles: Book 1: Book 1: Juicing To Lose Weight Book 2: 11 Healthy Smoothies Book 3: 21 Amazing Weight Loss Smoothie Recipes From one of America s most passionate advocates of turning common and sick making food choice into a healthy balanced lifestyle that includes 5 minute quick and effortless to make, tasty, healthy, vitality and energy boosting smoothies and juices. Smoothie and juicing consumer and author Juliana Baldec loves sharing her love and passion for these powerful health elixirs. Not only can these healthy blender drinks boost your health and wellness, but they can also provide you with many other benefits like beautifying your body and skin from the inside out, anti-aging, natural ability to heal itself, energizing and regulating your hormones, helping neutralize free radicals in our body and brain, satisfying your daily supply of the cancer fighting mineral selenium, treating fungal bacteria in the body like candida, boosting your energy level to fight against fatigue and illnesses, losing weight and keep...



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