



## New Normals Reclaiming A Life Of Significance

By Pam Papas

Papas Press LLC, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is an important guide for survivors, caregivers, and families that experience the devastating effects of stroke or brain injury. The number one cause of disability in the United States is due to stroke/ brain injury. Every forty five seconds someone suffers a stroke. The statistics are even higher for traumatic brain injury, and are reaching record proportions daily, as a by-product of the two wars America faces, with Afghanistan and Iraq. From a layperson's perspective, the author, Pam Papas, shares her knowledge and recent experience as her husband, Chris, miraculously survives an extremely large brain hemorrhage. She engages you in her well documented journey, as she creates a healing atmosphere for his recovery. She reminds us of the importance of words and thoughts we share to comfort each other. Because, it's often through the generosity of those that listen those that understand your plight, that we are rescued. Just the right word at the right moment carries its own healing power. Each chapter provides a Best Practices section of strategies that were employed during...



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